

Entrepreneur Agenda

Thursday February 6, 2025

Leave It All Behind

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| 06.30 PM | Welcome Dinner
<i>All meals in restaurant</i> |
| 07.30 PM | Welcome Ceremony
<i>Main building</i> |

Friday February 7, 2025

Find Your Voice

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| 07.00 AM | 75- Minute Yoga & Meditation
<i>Main Building</i> |
| 08.30 AM | Breakfast & Rest
<i>All meals in restaurant</i> |
| 10.30 AM | Finding Your Authentic Voice |
| 12.30 PM | Lunch & Rest |
| 02.30 PM | Brand Development Workshop |
| 04.00 PM | Intro to Retreat Planning |
| 05.30 PM | Renewal Break |
| 06.30 PM | Dinner |
| 07.30 PM | Restorative Yoga |



Entrepreneur Agenda

Saturday February 8, 2025

Look, Listen, & Learn

07.00 AM	75- Minute Yoga & Meditation <i>Main building</i>
08.30 AM	Breakfast & Reset <i>Restaurant</i>
10.00 AM	Guided Excursion & Picnic Lunch <i>Xunantunich Mayan Temple</i>
07.00 PM	Dinner <i>Restaurant</i>



ENTREPRENEW

YOGA PROFESSIONALS RETREAT

Entrepreneur Agenda

Sunday February 9, 2025

Cultural Awareness & Karma

07.00 AM	75- Minute Yoga & Meditation <i>All Events in main building</i>
08.30 AM	Breakfast & Rest <i>All meals in restaurant</i> Cultural Sensitivity & Awareness <i>Poolside</i>
12.30 PM	Lunch
01.30 PM	Self-Guided Excursion <i>Hopkins Village & Beach</i>
06.30 PM	Dinner
07.30 PM	Yoga Nidra - Guided Meditation



ENTREPRENEW

YOGA PROFESSIONALS RETREAT

Entrepreneur Agenda

Monday February 10, 2025

Share Your Light

07.00 AM	75- Minute Yoga & Meditation <i>Main building</i>
08.30 AM	Breakfast & Rest <i>All meals in restaurant</i>
10.30 AM	Retreat Planning
12.30 PM	Lunch & Rest
02.30 PM	Business Strategy & Marketing <i>Poolside Restaurant</i>
04.00 PM	Cacao Ceremony <i>Main building</i>
06.30 PM	Dinner
07.30 PM	Rest & Pack

Tuesday February 11, 2025

Farewell For Now

08.00 AM	Breakfast <i>All meals in restaurant</i>
09.00 AM	Shuttle to Airport <i>Main building</i>

